Types of Research Studies in Psychology

Type of Study	Description	Number in Study	A dvantage/s	Example/s
Case Study	Detailed investigation of a single individual's experience	One •	Especially suitable for studying rare conditions, disorders and experiences	In-depth report on a person with an experience such as a long period in solitary confinement
Naturalistic Observation	Rigorous observation with a prepared checklist of what people or animals do in everyday surroundings and conditions	Usually several or many	Not intrusive, a real-life situation, identifies new information that may lead to further research	Observations of children's play behaviour, chimpanzees' social behaviour or young adults' flirting behaviour
Survey/ Questionnaire	Investigates selected characteristics of a population through self- report	May involve a large population	Allows researchers to gain feedback on attitudes and characteristics	Gaining feedback on patient care in a hospital or on student enjoyment of a course
Correlational Study Variable R Variable B	Explores the link or relationship between two variables (positive? negative? none?)	May refer to many human characteristics or sociological data	Suitable for studying variables that it would be impossible, impractical or unethical to control	Investigating the relationship between student absences and achievement or between birth rate and infant mortality
Experiment	A controlled study that isolates a single variable in order to investigate its effects	Two or more groups in the simplest, standard experiment (control and experimental)	If well designed, this type of study allows researchers to establish a cause-effect relationship.	Testing a new technique for enhancing the long-term memory of foreign language words

Exercise 1: Which study would you choose?

Circle **CS**, **NO**, **S/Q**, **CORR** or **EX** for each description below. Some options might require discussion.

a An investigation of dissociative identity disorder, formerly called multiple personality disorder, a rare disorder with only hundreds of documented cases in psychiatric history: **CS NO S/Q CORR EX**

b Relationships between IQs according to degree of genetic relationship: e.g. between identical twins, between fraternal twins or between cousins

c To what extent are baboons territorial? Do they defend their territory from other baboons?

CS NO S/Q CORR EX

d Investigating people's opinions on a proposed new law CS NO S/Q

e Exploring the effects of watching various kinds of films on participants' willingness to give other participants an electric shock (e.g. neutral film, non-violent and sexually explicit film or violent and sexually explicit film – this study actually took place!)

CORR

EX

CS NO S/Q CORR EX

f Study of a rare genetic disorder

CS NO S/Q CORR EX

g Exploring the effects of sensory deprivation on fine motor movements

CS NO S/Q CORR EX

Exercise 2: Which type of study is it?

Draw a line from each description to the appropriate symbol.

a A researcher carries out a study in which she establishes a cause- effect relationship between a new drug and the healing of a rare cancer.	0	0
b This kind of study can reveal whether there is a link or relationship between two variables (but this does not establish a cause-effect relationship).	0	0
c Researchers closely observe the flirting behaviour of 18-19 year olds at schoolies gatherings in Byron Bay.	0	
d The memory of learned material for sleep-deprived participants is compared with those who have had a normal night's sleep.	0	
e A researcher gains self-report information from a large population of people on their political attitudes.	0	
f A number of individual studies are carried out to discover more about the men on Death Row in the USA. It is found	0	Variable Scal
that a high percentage suffered head trauma in childhood.		- " ••••
g A child has been horrifically neglected during eight formative years of her childhood. Psychologists investigate the effects on her social and language development.	0	· ·
h This kind of study allows researchers to isolate and	-	

control a single variable in order to investigate its effects.