Types of Research Studies in Psychology

Type of Study	Description	Number in Study	A dvantage/s	Example/s
Case Study	Detailed investigation of a single individual's experience	One •	Especially suitable for studying rare conditions, disorders and experiences	In-depth report on a person with an experience such as a long period in solitary confinement
Naturalistic Observation	Rigorous observation with a prepared checklist of what people or animals do in everyday surroundings and conditions	Usually several or many	Not intrusive, a real-life situation, identifies new information that may lead to further research	Observations of children's play behaviour, chimpanzees' social behaviour or young adults' flirting behaviour
Survey/ Questionnaire	Investigates selected attitudes or characteristics of a population through self- report	May involve a large population	Allows researchers to gain feedback on attitudes and characteristics of a large population	Gaining feedback about patient care in a hospital or about student enjoyment of a course
Correlational Study Variable A Variable B	Explores the link or relationship between two variables (positive? negative? none?)	May refer to many human characteristics or sociological data	Suitable for studying variables that it would be impossible, impractical or unethical to control	Investigating the relationship between student absences and achievement or between birth rate and infant mortality
Experiment	A controlled study that isolates a single variable in order to investigate its effects	Two or more groups in the simplest, standard experiment (control and experimental)	If well designed, this type of study allows researchers to establish a cause-effect relationship.	Investigating the effect of sleep deprivation on performance of simple and complex tasks