Introduction to Year 11 Psychology with Note-Taking Ideas

1. The Goals of Psychology
   Provide an example for each.

2. Defining Attention
   What is attention and why is it important?
   List strategies for enhancing your attention.

3. A Definition of Psychology

4. Note-Taking Advice

5. Make yourself a CHECK QUIZ:
   behaviour • thought • feeling
   • control • describing • predict
   a. A person with OCD might wish to ______ distressing behaviour.
   b. An intense fear of contamination is an example of a/n ______.
   c. Constant hand-washing is an example of a/n ______.
   d. A person’s belief that certain rituals will help protect self or family is an example of a ______.
   e. A person determining whether criminals should be paroled might wish to ______ behaviour.
   f. Note in patient record: “Person undertakes frequent compulsive hand-washing”. This is an example of ______ behaviour.

6 Check Quiz — Types of Studies

- case study
- correlational study
- experiment
- observational study
- survey/questionnaire

a A woman with a rare genetic illness provides details of its effects upon her.
b Year 11 psychology students are deprived of sleep for one night and their performance in a test of object memory is compared with that of students who were not deprived.
c The link between maximum daily temperature and car accidents is analysed.
d The flirting behaviour of young singles in a nightclub is investigated.
e Students fill in a questionnaire by the Department of Education to provide information about their attitudes to school.

7 Five types of research in psychology

Provide an example for each type. One has been completed for you.

Experiment: Investigate the effect of a music therapy program on residents in an old people's home.

Case Study:

Correlational Study:

Survey/Questionnaire:

Naturalistic Observation:

8 Write a quick list of the topics or themes that are included in the study of psychology (e.g. perception). Refer also to any other disciplines or subjects with which psychology overlaps (e.g. biology).