Types of Research Studies in Psychology

| Type of Study | Description | Number in Study | A dvantage/s | Example/s | |
|---|---|--|--|--|--|
| Case Study | Detailed investigation of a single individual's experience | One • | Especially suitable for studying rare conditions, disorders and experiences | In-depth report on a person with an experience such as a long period in solitary confinement | |
| Naturalistic Observation | Rigorous observation with a prepared checklist of what people or animals do in everyday surroundings and conditions | Usually several or many | Not intrusive, a real-life situation, identifies new information that may lead to further research | Observations of children's play behaviour, chimpanzees' social behaviour or young adults' flirting behaviour | |
| Survey/ Questionnaire | Investigates selected characteristics of a population through self- report | May involve a large population | Allows researchers to gain feedback on attitudes and characteristics | Gaining feedback on patient care in a hospital or on student enjoyment of a course | |
| Correlational Study Variable R Variable B | Explores the link or relationship between two variables (positive? negative? none?) | May refer to many human characteristics or sociological data | Suitable for studying variables that it would be impossible, impractical or unethical to control | Investigating the relationship between student absences and achievement or between birth rate and infant mortality | |
| Experiment | A controlled study that isolates a single variable in order to investigate its effects | Two or more groups in the simplest, standard experiment (control and experimental) | If well designed, this type of study allows researchers to establish a cause-effect relationship. | Testing a new technique for enhancing the long-term memory of foreign language words | |

Exercise 1: Which study would you choose?

Circle CS, NO, S/Q, CORR or EX for each description below. Some options might require discussion.

a An investigation of dissociative personality disorder, formerly called multiple personality disorder, a rare disorder with only hundreds of documented cases in **CORR** psychiatric history: CS NO S/Q **b** Relationships between IQs according to degree of genetic relationship: e.g. between identical twins, between fraternal twins or between cousins CORR NO EX **c** To what extent are baboons territorial? Do they defend their territory from other baboons? CS NO S/Q CORR d Investigating people's opinions on a proposed new law NO S/Q CORR EX e Exploring the effects of watching various kinds of films on participants' willingness to give other participants an electric shock (e.g. neutral film, non-violent and sexually explicit film or violent and sexually explicit film – this study actually took place!) CS NO S/Q CORR EX f Study of a rare genetic disorder

Study of a fale genetic disorder

CS NO S/Q CORR EX

g Exploring the effects of sensory deprivation on fine motor movements

CS NO S/Q CORR EX

Exercise 2: Which type of study is it?

Draw a line from each description to the appropriate symbol.

| a A researcher carries out a study in which she establishes a cause- effect relationship between a new drug and the healing of a rare cancer. | 0 | 0 | |
|---|---|---------|-------------|
| b This kind of study can reveal whether there is a link or relationship between two variables (but this does not establish a cause-effect relationship). | 0 | 0 | |
| c Researchers closely observe the flirting behaviour of 18- 19 year olds at schoolies gatherings in Byron Bay. | 0 | | |
| d The memory of learned material for sleep-deprived participants is compared with those who have had a normal night's sleep. | 0 | 0 | X |
| e A researcher gains self-report information from a large population of people on their political attitudes. | 0 | | £ 111.00 |
| f A number of individual studies are carried out to discover more about the men on Death Row in the USA. It is found that a high percentage suffered head trauma in childhood. | 0 | O Varia | Scattergram |
| g A child has been horrifically neglected during eight formative years of her childhood. Psychologists investigate the effects on her social and language development. | 0 | (d | Variable B |
| h This kind of study allows researchers to isolate and control a single variable in order to investigate its effects. | 0 | 0 | |