## A Definition of Psychology

### Break down this definition with **synonyms**, **examples** and **symbols**:

<table>
<thead>
<tr>
<th>Behaviour</th>
<th>Thoughts</th>
<th>Feelings</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Use the key words:
- behaviour
- observable action or response
- mental state
- feeling or emotion
- thought, belief or cognition
- not directly observable

### Describe your day so far in **behaviours**, **thoughts** and **feelings**. Use the **key words**.

---

Brainstorm individually or in pairs:
4 What makes a discipline a SCIENCE? Use these sentence starters:

+ A science is a discipline in which...

+ When you carry out a scientific investigation, you must be...

+ The work of scientists includes...

5 Now use some of the wording below to extend what you have written above:

+ **Adjectives:** objective, systematic, critical, analytical, experimental, evidence-based, methodical

+ **Nouns:** experiment, observation, replication (carrying out studies again), conclusions, evidence, data, measurement, method

+ **Verbs:** analyse data, criticise, draw conclusions, hypothesise, observe, question, replicate, verify

6 Circle the words below that match the concept of “empirical research”.

**Empirical or not?**

- jumping to conclusions
- assuming
- evidence-based
- basing a theory on reasoning
- imagining
- collecting data
- carrying out an experiment
- systematic
- subjective
- random
- guessing
- using an observation checklist
- basing a theory on experimental findings