



Introduction to Year 10 Psychology

1 A Definition of Psychology

2 Break down this definition with synonyms, examples and symbols:

Behaviour

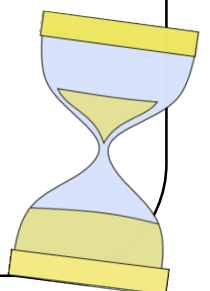
Thoughts

Feelings

Use the key words:

- ✚ behaviour
- ✚ observable action or response
- ✚ mental state
- ✚ feeling or emotion
- ✚ thought, belief or cognition
- ✚ not directly observable

3 Describe your day so far in behaviours, thoughts and feelings. Use the **key words**.



Brainstorm individually or in pairs:

④ What makes a discipline a SCIENCE? Use these sentence starters:

✚ A science is a discipline in which...



✚ When you carry out a scientific investigation, you must be...

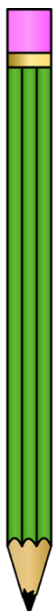
✚ The work of scientists includes...

⑤ Now use some of the wording below to extend what you have written above:

- ✚ **Adjectives:** objective, systematic, critical, analytical, experimental, evidence-based, methodical
- ✚ **Nouns:** experiment, observation, replication (carrying out studies again), conclusions, evidence, data, measurement, method
- ✚ **Verbs:** analyse data, criticise, draw conclusions, hypothesise, observe, question, replicate, verify

⑥ Circle the words below that match the concept of "empirical research".

Empirical or not?



jumping to conclusions

assuming

evidence-based

imagining

collecting data

objective

systematic

formulating a hypothesis

basing a theory on reasoning

subjective

random

carrying out an experiment

guessing

basing a theory on experimental findings

using an observation checklist