Read your timeline with a highlighter or pencil, in order to find:

- evidence of greater differentiation over time in the description of mental illness;
- evidence of a disorder that was only later given a psychiatric label
- 5 examples of therapy to cope with/treat/address mental illness
- the name of the manual used to define mental illness worldwide
- 2 types of drugs used to treat mental illness
- a scientific technique for studying mental illness that became available in the last 40 years (and increasingly advanced in the last 20)
- 2 disorders that have been discovered to have a clear genetic link
- a word that means "blemish" or "spot" and which relates to the prejudices that still beset those who suffer from mental illness