

Unit 1&2 Psychology

AOS 3 Optional Starting References

Question: How is our use of the internet changing the way we think and behave?

BOOKS (in library)

Inspire Foundation. (2009). Will too much screen time destroy your brain? *Social Impacts of Digital Media*, 324, p. 12.

Better Health Channel. (2010). Internet Addiction. *Social Impacts of Digital Media*, 324, p. 15 – 16.

Inspire Foundation. (2010). Relationships and the iGeneration. *Social Impacts of Digital Media*, 324, p. 28.

Carr, N. (2010). *The shallows: What the internet is doing to our brains*. New York, USA: W. W. Norton & Company Inc.

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Jones, P.H. (2011, July). *What is the Internet doing to our brain?*. Speech presented at RSA Events, London.

<https://www.thersa.org/discover/videos/event-videos/2011/07/what-is-the-internet-doing-to-our-brains/>

Sparrow, B., Liu, J. & Wegner, D. (2011). Google effects on memory: Cognitive consequences of having information at our fingertips. *Science*, 333, 776 – 778.

Small, G.W., Moody, T.D., Siddarth, P. & Bookheimer, S.Y. (2009). Your brain on Google: Patterns of cerebral activation during Internet searching. *American Journal of Geriatric Psychiatry*, 17(2), 116 – 126.

AsapSCIENCE. [Screen name]. (2014, September 7). *5 crazy ways social media is changing your brain right now*. [Video file]. Retrieved from https://www.youtube.com/watch?v=HffWFd_6bJ0

Epipheo. [Screen name]. (2013, May 6). *What the internet is doing to our brains*. [Video file]. Retrieved from <https://www.youtube.com/watch?v=cKaWJ72x1rl>

Question: How does playing violent video games affect the structure and functioning of the adolescent brain?

BOOKS (in library)

Grossman, D. (1998). Trained to kill. *Christianity Today*, 42(9). In Gun Control Australia. (2000). *Toys, Triggers & Telecommunications: Violence and Youth in the 2000's*. Melbourne, Australia: Author.

Torrls, J.D. [Editor]. (2002). *Is Media Violence A Problem?*. San Diego, CA: Greenhaven Press.

Wittekind, E. (2012). The impact of media violence. In Kesselring, M & Cross, L. (Eds), *Violence as the entertainment* (pp. 58 – 73). North Mankato, MN: Compass Point Books.

Jensen, F.E. & Nutt, A.E. (2015). *The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults*. London: Harper Thorsons.

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Indiana University School of Medicine. (2011, December 1). Violent video games alter brain function in young men. *ScienceDaily*. Retrieved August 2, 2015 from www.sciencedaily.com/releases/2011/11/111130095251.htm

Nauert PhD, R. (2012). Negative Effects of Violent Video Games May Build Over Time. *Psych Central*. Retrieved on August 2, 2015, from <http://psychcentral.com/news/2012/12/11/negative-effects-of-violent-video-games-may-build-over-time/48918.html>

Paturel, A. (2014). Game theory: how do video games affect the developing brains of children and teens?. *Neurology now*, 10(3), 32 – 36. Retrieved from http://journals.lww.com/neurologynow/Fulltext/2014/10030/Game_Theory_How_do_video_games_affect_the.17.aspx

TheMizzouTube. [Screen name]. (2012, April 17). *Violent video games reduce brain response to violence and increase aggressive behaviour*. [Video file]. Retrieved from <https://www.youtube.com/watch?v=pAG4uJfunwU>

Question: How have the definition and the treatment of mental disorders changed over time?

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Timeline of mental disorders – handout (see Compass for this handout or ask your teacher)

General introduction to mental disorders: how they are defined and how historical changes have influenced their definition and treatment

<http://www.britannica.com/science/mental-disorder>

The history of the development of the DSM

<http://www.psychiatry.org/practice/dsm/dsm-history-of-the-manual>

The history of mental illness treatment

Article: The History of Mental Illness: From "Skull Drills" to "Happy Pills"

<http://www.studentpulse.com/articles/283/the-history-of-mental-illness-from-skull-drills-to-happy-pills>

Gruesome stories of mental health treatments from the past (with pictures)

<http://www.everydayhealth.com/pictures/worst-mental-health-treatments-history/>

PBS timeline of mental illness treatments

<http://www.pbs.org/wgbh/amex/nash/timeline/>

Early treatment of mental disorders: BBC documentary

FILM: https://www.youtube.com/watch?v=1lzmyru5T_w

Podcast and article: ABC - Asylums to antidepressants: a short history of mental illness in the west

<http://www.abc.net.au/radionational/programs/rearvision/asylums-to-antidepressants/5765544>

Genes involved in suicidal ideation: STUDY: <https://bbrfoundation.org/brain-matters-discoveries/new-tool-for-predicting-suicidal-behavior-combines-clinical-and>

Genes linked to abnormal brain waves in Schizophrenia, Psychotic Bipolar

Disorder: STUDY: <https://bbrfoundation.org/brain-matters-discoveries/genes-linked-to-abnormal-brain-waves-in-schizophrenia-psychotic-bipolar>

Question: What are some of the strengths and limitations in using the DSM classification system to diagnose atypical behaviours and mental disorders?

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Article about how certain social and political groups use the DSM and the potential problems this can cause, with a case study by a psychiatrist

<http://www.psychiatrictimes.com/articles/limitations-our-diagnostic-classification-beyond-dsm%E2%80%99s-checklists>

Strengths and limitations of classification systems for diagnosing mental illnesses and disorders

<http://peakpsychu4.wikispaces.com/2.+Classification>

Global study finds that mental illness is widespread

<http://www.nbcnews.com/id/5111202/#.UpZgDEBU18F>

Experts call for ban on schizophrenia label:

<http://www.dailymail.co.uk/health/article-409472/Experts-ban-schizophrenia-label.html>

Video exploring the benefits and concerns involved in the use of the DSM (15 minutes) – not too hard to understand and very detailed, with notes

<http://www.gmeded.com/dsm-5/strengths-and-weaknesses-dsm-classification-approach>

My name is not Schizophrenia: removing the label:

<https://www.psychologytoday.com/blog/talking-about-trauma/201402/my-name-is-not-schizophrenia-removing-the-label-1>

The Advantages and Disadvantages of the DSM-IV

A simple introduction to this topic

http://www.ehow.com/info_8430885_advantages-disadvantages-dsm-iv.html

Summary of the importance and constraints of the use of the DSM-IV in the clinical practice

PDF: http://www.scielo.br/pdf/rprs/v27n3/en_v27n3a10.pdf

Is the DSM-V still acceptable? – an article overviewing some criticisms of the DSM as a way of diagnosing and classifying mental disorders

This article points out that the people who write the DSM are not necessarily entirely objective.

<http://www.psyweb.com/lifestyle/dsm/is-the-dsm-5-still-acceptable>

Related article in the New England Journal of Medicine:

<http://www.nejm.org/doi/pdf/10.1056/NEJMc0810237>

Brain and Behaviour Research Foundation: Fascinating insights into mental

illness from scientists in this field: <https://bbrfoundation.org/mental-illness-1>

Genes involved in suicidal ideation: STUDY: <https://bbrfoundation.org/brain-matters-discoveries/new-tool-for-predicting-suicidal-behavior-combines-clinical-and>

Genes linked to abnormal brain waves in Schizophrenia, Psychotic Bipolar Disorder: STUDY: <https://bbrfoundation.org/brain-matters-discoveries/genes-linked-to-abnormal-brain-waves-in-schizophrenia-psychotic-bipolar>